



## Who's in Your Saint Posse? Activity Center

### *Family Handout*

Research your own patron saints using the list of saints in this handout and other available reference materials. Record information about your patron saints on the worksheet that can then be used at home.

### **A Posse of Patron Saints**

The saints are our companions on life's journey and can be our guides in following Jesus. Within the Communion of Saints—all of those, dead or living, who have been saved in Jesus Christ—each of us has particular saints who are watching out for us. We call those special saints our patron saints.

### **What Is a Patron Saint?**

Here on earth, “patrons” are people who give a lot of support and encouragement to certain causes or groups they really know, love, and care about. Saints are heavenly patrons. They give special care to people, places, professions, and institutions. They often are patrons of things that were important to them in life, but they can become patrons for other reasons too. A saint will be your patron if you just ask!

### **Examples of Patron Saints**

Saint Jerome is the patron saint of libraries because he wrote translations of great theologians, histories, and biographies. That means that if you are a librarian or doing some work at a library, Saint Jerome is especially watching out for you. Or maybe you have a headache that just won't quit. Saint Teresa of Ávila is the one to pray with because she used to have extreme migraine headaches. You might be named after a saint. If so, that person is your patron saint. What's the name of your parish? That person is your patron saint because you are part of the parish that bears his or her name.

### **God and the Saints**

We are always in God's presence and can relate to God directly through Jesus. But from time to time, it's nice to have models of people who struggled like you and me in our common goal of following Jesus. Having patron saints or asking a saint for help is not about giving glory to that particular person but about giving glory to God. We ask the saints for their help so that we might better know, love, and serve God. The saints are not people who would want to replace God or to be “hero-worshipped,” because they recognized that their whole life was a gift from God. We also recognize that our life is a gift from God, and we pray that everything we do gives glory to God.



# Who's in Your Saint Posse? Activity Center *Family Handout (continued)*

## List of Patron Saints

TOPICS	SAINTS
Accountants	Matthew
Actors	Genesius, Vitus
Advertisers and advertising	Bernardine of Siena
Air travelers	Joseph of Cupertino
Altar servers	John Berchmans
Animals	Francis of Assisi, Nicholas of Tolentino
Archaeologists	Damasus
Archers (bows and arrows)	Sebastian
Architects	Barbara, the apostle Thomas
Artists	Luke, Catherine of Bologna, Blessed Fra Angelico
Astronauts	Joseph of Cupertino
Astronomers	Dominic
Athletes	Sebastian
Aviators and aviation	Our Lady of Loreto, Thérèse of Lisieux, Joseph of Cupertino
Babies	The Holy Innocents, Maximus, Nicholas of Tolentino, Philip of Zell
Bakers	Elizabeth of Hungary, Nicholas of Myra, Honoratus
Bankers	Matthew, Bernardino of Feltre
Barbers	Cosmas and Damian, Louis, Martin de Porres
Baseball	Rita of Cascia (unofficial)
Beekeepers	Ambrose
Birds	Gall
Blind people	Raphael the Archangel, the apostle Thomas, Cosmas and Damian, Lucy
Blood donors	Our Lady of the Thorns
Book business	John of God
Bookkeepers	Matthew
Boy Scouts	George
Boys	Dominic Savio
Brides	Nicholas of Myra
Broadcasters	Gabriel the Archangel
Builders	Vincent Ferrer, Barbara, the apostle Thomas
Building business	Stephen
Businesspeople	Homobonus
Businesswomen	Margaret of Clitherow
Canada	Anne (mother of Mary), Joseph, the martyrs of North America
Cancer patients	Peregrine Laziosi
Carpenters	Joseph, the apostle Thomas
Cats	Gertrude of Nevelles

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## Family Handout (continued)

TOPICS	SAINTS
Catechists	Viator, Charles Borromeo, Robert Bellarmine
Catechumens	Charles Borromeo, Robert Bellarmine
Catholic Charities	Vincent de Paul, Elizabeth of Hungary
Catholic youth	Aloysius Gonzaga
Cattle breeders	Mark
Childbirth	Gerard Majella, Margaret (or Marina) of Antioch, Raymond Nonnatus, Leonard of Noblac, Erasmus (Elmo)
Children	Nicholas of Myra, Raymond Nonnatus, Nicholas of Tolentino
Choirboys and choirs	Dominic Savio
Christian mothers	Anne (mother of Mary)
Civil servants	Thomas More
Coin collectors	Eligius (Eloi)
Comedians	Vitus
Computers/Internet	Isidore of Seville
Construction workers	The apostle Thomas
Cooks	Martha
Croatian people	Joseph
Dairy workers	Bridgid of Ireland
Dancers	Vitus
Deacons	Stephen
Deaf people	Francis de Sales
Degree candidates	Joseph of Cupertino
Dentists	Apollonia
Difficult situations	Eustace
Disasters	Genevieve
Doctors	Luke, Cosmas and Damian, Pantaleon
Dogs	Hubert of Liege, Roch, Vitus
Domestic workers	Zita
Drought relief	Herbert, Godeberta, Solange
Ecologists and ecology	Francis of Assisi
Editors	John Bosco, Francis de Sales
Farmers	Isidore the Farmer
Fathers	Joseph
Firefighters	Florian, John of God
First communicants	Tarcisius
Fishermen	the apostle Andrew, Peter
Flight attendants	Bona

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TOPICS	SAINTS
Florists and flower growers	Thérèse of Lisieux, Rose of Lima, Blessed Rose of Viterbo
Funeral directors	Joseph of Arimathea
Gardeners	Adelard, Fiacre, Rose of Lima, Adam
Garment workers	Homobonus
Germany	Anskar, Michael the Archangel
Girl Scouts	Agnes of Rome
Girls	Agnes, Maria Goretti
Grocers	Michael the Archangel
Grooms	Louis of France, Nicholas
Hairdressers	Martin de Porres, Cosmas and Damian
Headaches	Teresa of Ávila, Denis (bishop of Paris)
Health inspectors	Raphael the Archangel
Heart patients	John of God
Hopeless (or desperate) cases	Jude, Rita of Cascia, Gregory the Wonderworker
Horses	Eligius (Eloi), Martin of Tours, Hippolytus
House hunting	Joseph
Housewives	Anne (mother of Mary), Martha
Hunters	Hubert, Eustachius
Immigrants	Frances Xavier Cabrini
Information workers	Gabriel the archangel
Ireland	Patrick, Columba, Bridgid of Ireland
Italy	Bernardine of Siena, Catherine of Siena, Francis of Assisi, Our Lady of Loreto, Our Lady of Perpetual Help, Our Lady of the Snows
Jewelers	Eligius (Eloi)
Journalists	Francis de Sales
Journeys	Christopher
Judges/jurists	John of Capistrano, Ivo of Kermartin
Laborers	Isidore the Farmer, James the Greater
Latin America	Our Lady of Guadalupe, Rose of Lima
Lawyers	Thomas More, Yves, Raymond of Peñafort, Ivo of Kermartin
Learning	Ambrose, Catherine of Alexandria
Librarians and libraries	Jerome, Catherine of Alexandria
Lightning, protection against	Magnus of Fussen, Vitus
Lost items	Anthony of Padua
Lovers	Valentine
Marriage	John Francis Regis
Married women	Monica

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# Who's in Your Saint Posse? Activity Center

## *Family Handout (continued)*

TOPICS	SAINTS
Masons	The apostle Thomas, the Four Crowned Martyrs, Louis
Medical profession	Cosmas and Damian, Luke, Pantaleon
Medical technicians	Albert the Great
Merchants	Francis of Assisi, Nicholas of Myra, Homobonus
Mexico	Our Lady of Guadalupe, Joseph
Midwives	Raymond Nonnatus
Milliners (hat makers)	James the Greater
Miners	Anne (Mother of Mary), Barbara
Mothers	Monica, Gerard Majella, Nicholas of Tolentino
Motorcyclists	Mary, the Madonna of Castaliazzo or Our Lady of Grace and of Crete
Motorists	Frances of Rome, Christopher
Mountaineers and mountain climbers	Bernard of Montjoux (or Menthon)
Music, musicians	Cecilia, Gregory the Great, Dunstan
Nearsightedness or shortsightedness	Clarus the Abbot
Nurses	Agatha, Camillus de Lellis, John of God
Nursing mothers	Basilissa, Giles
Painters	Luke, Blessed Fra Angelico
Parenthood	Rita of Cascia
Pets	Antony the Abbot
Pharmacists	Cosmas and Damian, Raphael the Archangel
Physically disabled people	Giles
Poets	David, Columba
Poland	Casimir, Florian, Stanislaus
Police officers	Michael the Archangel
Poor people	Anthony of Padua, Lawrence, Ferdinand III of Castile
Postal workers	Gabriel the Archangel
Pregnant women	Gerard Majella, Margaret (or Marina) of Antioch, Raymond Nonnatus
Prisoners	Dismas, Leonard of Noblac, Roch, Vincent de Paul, Ferdinand III of Castile
Public relations	Bernardine of Siena
Public education	Martin de Porres
Rheumatism	James the Greater
Sailors	Brendan, Erasmus (Elmo), Francis of Paola, Nicholas of Myra
Schools	Thomas Aquinas
Scientists	Albert the Great
Sculptors	Claude, Luke, the Four Crowned Martyrs, Louis
Senior citizens	Our Lady of Consolation, Teresa of Ávila, Jornet Ibars
Shoemakers	Cyprian of Carthage, Homobonus

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TOPICS	SAINTS
Sick people	John of God, Camillus de Lellis, Michael the Archangel
Skaters	Lidwina
Skiers	Bernard of Montjoux, Andronicus (with Athanasia), Our Lady of Graces
Skin diseases	Antony the Abbot
Sleepwalkers	Dymphna
Snakebite victims	Hilary, Pirminus, Vitus
Social justice	Joseph, Martin de Porres
Social workers	Louise de Marillac, John Francis Regis
Soldiers	George, Martin of Tours, Maurice, Sebastian
Soldiers, American	Joan of Arc
Speakers (Orators)	John Chrysostom
Spelunkers, potholers	Benedict the Abbot
Stamp collectors	Gabriel the Archangel
Students	Catherine of Alexandria, Thomas Aquinas, Gabriel Possenti
Swimmers	Adjutor
Tailors	Homobonus
Taxi drivers	Fiacre
Teachers	Gregory the Great, John Baptist de la Salle
Teenagers	Aloysius Gonzaga, Maria Goretti
Television	Clare, Gabriel the Archangel
Theatrical profession	Genesius
Toothache	Apollonia
Travelers	Raphael the Archangel, Nicholas of Myra, Anthony of Padua, Christopher, Joseph
Ukraine	Josaphat
United States of America	Immaculate Conception of Mary
Unmarried women	Nicholas of Myra
Vermin, protection from	Magnus of Fussen
Veterinarians	Blaise, James the Greater, Our Lady of Coromoto
Vocations	Alphonsus de Liguori
Waiters and waitresses	Martha
Widows	Frances of Rome, Paula
Women	Margaret of Antioch, Mary Magdalene
Workers	Joseph
Workers, young	John Bosco
Writers	Francis de Sales
Youth	Aloysius Gonzaga, Maria Goretti, John Bosco

