



Our Lady of Good Health Novena
30 August through 7 September 2020
St. Paul Catholic Church
Tampa, Florida

Novena in Honor of Our Lady of Good Health

30 August - 7 September 2020

(please stand)

Gathering Song

7:30pm Our Lady of Good Health Shrine

Immaculate Mary

Immaculate Mary, your praises we sing.
You reign now in heaven with Jesus our King.

Ave, Ave, Ave, Maria! Ave, Ave, Ave, Maria!

In heaven the blessed your glory proclaim;
On earth we your children invoke your fair name.

Ave, Ave, Ave, Maria! Ave, Ave, Ave, Maria!

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Angelus

Priest: The Angel of the Lord declared to Mary:

All: And she conceived of the Holy Spirit.

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us
sinners, now and at the hour of our death. Amen.

Priest: Behold the handmaid of the Lord:

All: Be it done unto me according to Thy word.

Hail Mary ...

Priest: And the Word was made Flesh:

All: And dwelt among us.

Hail Mary ...

Priest: Pray for us, O Holy Mother of God,

All: that we may be made worthy of the promises of Christ.

Priest: Let us pray:

All: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ our Lord. Amen.



Memorare

All: Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions but in thy mercy hear and answer them. Amen.

Hoisting of the Festival Flag - First day, August 30 ONLY

Bless and Incense

Song:

Hail, Holy Queen

Hail, Holy Queen enthroned above, O Maria!
Hail, mother of mercy and of love, O Maria!
Triumph all ye cherubim!
Sing with us ye seraphim!
Heaven and earth resound the hymn!
Salve, salve, salve, Regina!

Our life, our sweetness here below, O Maria!
Our hope in sorrow and in woe, O Maria!
Triumph all ye cherubim!
Sing with us ye seraphim!
Heaven and earth resound the hymn!
Salve, salve, salve, Regina! ...

And when our life-breath leaves us, O Maria!
Show us thy Son, Christ Jesus, O Maria!
Triumph all ye cherubim! ...



(please sit)

Rosary

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Apostle's Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and sits at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



Our Father

Our Father, Who art in heaven, hallowed by Thy name, Thy kingdom come; Thy will be done on earth as it is in heaven. *Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

Hail Mary

Hail, Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. *Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. *As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those most in need of Thy mercy.

Ave, Ave, Ave Maria! Ave, Ave, Ave Maria!

Mysteries of the Rosary

Joyful Mysteries: Annunciation, Visitation, Nativity, Presentation, Finding Jesus in Temple

Luminous Mysteries: Baptism of Jesus, Wedding of Cana, Proclamation of the Kingdom, Transfiguration, Last Supper

Sorrowful Mysteries: Agony in the Garden, Scourging, Crowning with Thorns, Carrying the Cross, Crucifixion

Glorious Mysteries: Resurrection, Ascension, Pentecost, Assumption of Mary, Coronation of Mary

Hail, Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Priest: Pray for us, O holy Mother of God.

All: That we may be made worthy of the promises of Christ.

Priest: Let us pray:

All: O God, Whose Only-Begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life: grant, we beseech Thee, that by meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise, through the same Christ our Lord. Amen.



Litany in Honor of Our Lady of Good Health

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven,

God the Son, Redeemer of the world,

God the Holy Spirit,

Holy Trinity, One God,

Have mercy on us.

Our Lady of Health, predestined by God even before the creation of the world, Pray for us.

Our Lady of Health, revealed to Adam in the Garden of Eden,

Our Lady of Health, made known to the angels as soon as they were created,

Our Lady of Health, the morning star foretold by the prophets,

Our Lady of Health, the vessel of goodness,

Our Lady of Health, called holy before your birth by the Patriarchs,

Our Lady of Health, the torch of divine grace,

Our Lady of Health, who has been favored with divine consolation in addition to divine grace,

Our Lady of Health, more holy than all the saints,

Our Lady of Health, who at birth was gifted with a heavenly light,

Our Lady of Health, whose birth brought glory to those in heaven,

Our Lady of Health, offered up to God soon after birth,

Our Lady of Health, who received the sweet name of Mary,

Our Lady of Health, presented in the temple at the age of three,

Our Lady of Health, who has walked foremost in virginity,

Our Lady of Health, who was model to all while in the temple,

Our Lady of Health, who relieves the suffering of the sick,

Our Lady of Health, conceived without original sin,

Our Lady of Health, who crushed the head of Satan,

Our Lady of Health, born of the highest family among descendents of the sixteen kings that ruled Israel,

Our Lady of Health, the child of the holy Joachim and Anne,

Our Lady of Health, the fruit of their prayers and good deeds,

Our Lady of Health, adorned with more brightness than all the angels and the saints,

Our Lady of Health, who came into the world with greatest piety,

Our Lady of Health, the unfailing help of those that trust in you,
Our Lady of Health, the heavenly crown of all the saints,

Lamb of God, Who takes away the sins of the world, Spare us, O Lord.
Lamb of God, Who takes away the sins of the world, Graciously hear us, O Lord.
Lamb of God, Who takes away the sins of the world, Have mercy on us.

All: We fly to your patronage, O Holy Mother of God; despise not our petitions in our necessities, but deliver us from all dangers, O ever glorious and Blessed Virgin.

Priest: Pray for us, O Mary, conceived without original sin.

All: That we may be worthy of the promises of Christ.

Priest: Let us pray:

All: O God, who in your unspeakable providence chose the Blessed Virgin Mary to be Your own Most Holy Mother, mercifully grant her prayers on our behalf; so that we might enjoy the happiness of heaven for all eternity. Amen.



Novena Prayer

O Most Holy Virgin! You were chosen by the most adorable Trinity from all eternity to be the most pure Mother of Jesus. O tender Mother of the afflicted, grant me under my present necessities a special protection. Relying upon the infinite mercies of your Divine Son, and penetrated with confidence in your powerful prayers, I humbly entreat you to intercede for me. I beg you to obtain for me the favors, which I petition for in this novena ...

(Here specify your requests.)

O Mother of God, accept my salutations in union with the respect with which the angel Gabriel first hailed you “full of grace.”

I beseech you, O comfort of the afflicted, to obtain for me the favors and graces, which I have now implored through your powerful intercession. For this end I offer you the good works I do and sufferings I endure. I humbly entreat you for the love of the amiable heart of Jesus with which yours was ever so inflamed to hear prayers and obtain my requests. Amen.

Repeat three times:

All: Hail, Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. *Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Priest: Our Lady of Good Health

All: Pray for us.



Brief Reflection

Day 1: Mary Most Pure, Matthew 1:18-25

Sunday, August 30

Fr. Bill Swengros

Day 2: Mary Most Prudent, Luke 2:16-20

Monday, August 31

Fr. Bob Romaine

Day 3: Mary Most Humble, Luke 1:46-55

Tuesday, September 1

Fr. Peter Okojie

Day 4: Mary Most Faithful, John 2:1-10

Wednesday, September 2

Fr. Ambrose Kadambukatt, OCD

Day 5: Mary Most Devout, Luke 2:22-24

Thursday, September 3

Fr. Bill Swengros

Day 6: Mary Most Obedient, Luke 1:26-38

Friday, September 4

Fr. Peter Okojie

Day 7: Mary Most Patient, Mark 3:31-35

Saturday, September 5

Fr. Bob Romaine

Day 8: Mary Most Merciful, Luke 2:41-51

Sunday, September 6

Fr. Ambrose Kadambukatt, OCD

Day 9: Mary Most Sorrowful, John 19:25-27

Monday, September 7

Fr. Bob Romaine

(please stand)

Intercessory Prayer for Petitions

All: Lord Jesus, we thank you for every good gift and blessing you have showered upon us. Tonight, in a special way, we thank you for giving us your Blessed Mother while on the cross. We humbly ask, through her intercession, that you hear our prayers, both those we have presented to you on these slips of paper as well as those which we hold in the silence of our hearts. We ask this in thy Most Holy Name. Amen.

Novena Prayer to Santo Niño - Friday ONLY

In accord with our tradition, every Friday night we remember our beloved Santo Niño. Therefore, on Friday September 4, we will begin at 7pm. The prayers are found on the red prayer card or the St. Paul App. After the novena prayers for Santo Niño, we will celebrate the Mass.



Announcements

Thank you so very much for joining us tonight. Your presence is a powerful sign of your love for God and your devotion to our Blessed Mother, Our Lady of Good Health. In a special way, we thank all of our sponsors for this week’s festivities. Please note that on Friday, September 4, we will celebrate the Holy Mass after the Novena.

Please invite your family and friends to join us throughout the novena as well as the Festival Mass on Tuesday, September 8th. The celebration will begin with a rosary and novena in honor of Our Lady of Good Health beginning at **7pm** in the church followed by the Mass at **7:30pm**. Afterwards, we will lower the Festival Flag. Please come and bring your friends! May God bless you always!

Please thank our festival committee, all who setup for tonight’s prayer, and our sponsors:

- Day 1: Jayaraj Family and John & Pauline Sunday, August 30
- Day 2: Harry & Marslena Thomas Monday, August 31
- Day 3: Jesu & Flora and Zuluaga Family Tuesday, September 1
- Day 4: Jerry D and Charlotte and Nathan Family Wednesday, September 2
- Day 5: Yuvaraj Family and Jude & Rithika Thursday, September 3
- Day 6: Vijay & Asha Friday, September 4
- Day 7: Jaisingh Family Saturday, September 5
- Day 8: Antony & Anu Sunday, September 6
- Day 9: Gerard & Jen Peters, Lucian & Diana, Inigo & Shamila Monday, September 7

Festival ??

Tuesday, September 8

(please stand)

Final Blessing

Priest: The Lord be with you.
 All: And with your spirit.
 Priest: May almighty God bless you, in the name of the Father, and the Son, † and the Holy Spirit.
 All: Amen.
 Priest: Go in peace, glorifying the Lord by your life.
 All: Thanks be to God.

Closing Song

O Sanctissima,
 O Piissima,
 dulcis Virgo Maria!
 Mater amata,
 intemerata,
 ora, ora pro nobis.

Mary, full of grace,
 Splendor of our race,
 Holy Virgin Maria!
 Pray for us to Christ, your Son,
 Now and when our life is done!
 Ora, ora pro nobis.

O Sanctissima

Mother, Virgin pure,
 Hope and refuge sure,
 Lead us safely to Jesus!
 Spirit-filled and lowly,
 Mirror of the Holy!
 Ora, ora pro nobis!

Mary, please for us;
 Intercede for us
 Come and lead us to Jesus.
 Mother in our sadness,
 Mother in our gladless!
 Ora, ora pro nobis.

Alternate Song

Sing of Mary, pure and lowly,
 Virgin Mother undefiled.
 Sing of God’s own Son most holy
 Who became a little child.
 Fairest child of fairest mother,
 God the Lord who came to earth,
 Word made flesh, our very brother,
 Takes our nature by his birth.

Sing of Mary

Glory be to God the Father;
 Glory be to God the Son;
 Glory be to God the Spirit;
 Glory to the Three in One.
 From the heart of blessed Mary,
 From all saints the song ascends,
 And the Church the strain re-echoes
 Unto earth’s remotest ends.

Our Lady of Good Health

Our Lady of Good Health or "Our Lady of Vailankanni" first appeared to a Hindu boy who was under a banyan tree by a pond in the town of Vailankanni, India, during the 16th century. The boy was delivering milk to a rich man. Our Lady carrying her infant Son, asked the boy to share some of his milk with her baby and he gladly did so. When the boy finally reached the customer's home, he explained why he was late and why he was missing milk. On inspection, the customer saw that the milk container was full and asked the boy to take him to the Lady and he did so. While the Hindu people didn't understand who she was, the small local Catholic population immediately understood it was Mary and our Lord Jesus.

A few years later, the Mother and Child appeared again. This time to a lame boy selling buttermilk. Mary also asked for him to share his goods with her Son. He gladly did so and was healed! Our Lady then asked him to tell a local Catholic man of her desire to build a chapel in her honor. The boy ran to the man who already dreamt about building a shrine to honor our Blessed Mother. They returned to the site of the apparition and soon built a humble chapel was under the title of Our Lady of Good Health, "Arokia Matha."

Years later, our Blessed Mother assisted Portuguese sailors in the midst of a violent storm. In gratitude, they built a new permanent chapel. Today it is celebrated as a sacred place, a place of miracles, for all God's children: Christians, Hindus, and Muslims alike. It is affectionately called the "Lourdes of the East!"



Our Lady's Shrine at St. Paul Church, Tampa, Florida

St. Paul Catholic Church is blest to be an vibrant multi-cultural Christian community of faith. Truly *catholic* or universal in nature, we hail from the four corners of the earth and are delighted to be home to our incredible Anglo, Hispanic, Filipino, Brazilian, Indian, and African communities.

Of these, our Indian community is one of the youngest. Almost six years ago, our pastor, Fr. Bill Swengros, asked Fr. John Kennedy, a visiting priest from India, to host a special Mass for the Indian community on December 19, 2014. It was a huge success. Blessed with gifted lay leadership and the spiritual guidance of Fr. Bob Romaine, the Indian community of Tampa Bay has fostered a strong devotion to Our Lady of Good Health and initiated a Novena, Mass, and dinner reception every third Friday of the month at 7:30pm. All are warmly welcome!

Thanks to a generous benefactor, we soon secured an image of our Lady from Vailankanni and introduced her to our community. As the devotion grew, we were blessed with numerous miracles thanks to the intercession of Our Lady of Good Health.

Fr. Bill continued to challenge the community to allow God to dream within them. Soon it became clear that Our Lady of Good Health and her infant Son Jesus were asking us all to share "our milk" ... to step out in faith and to provide a special home for them.

As a result, the community designed a special shrine which resembles the Shrine in Vailankanni, India. A gifted team of parishioners were formed to design and build this wonderful testament to faith. We are especially grateful for Arnel Artus for our beautiful mural. Our prayer and hope from the beginning is that Our Lady of Good Health Shrine would inspire our children, our children's children, and generations to come and be a sign of hope that people of faith ... Catholics, Protestants, Jews, Muslims, Hindus, Buddhists ... and even those who claim no particular religion may unite one day in prayer to God for peace and justice to all.

The message of Our Lady of Good Health is clear: we are all children of God. We are all called to share our "buttermilk" with those who thirst. We are all called to reach out to those in need, especially the young and disabled. We are all called to be sensitive to those whose lives are "shipwreck." We are all called to work for peace and justice for all! Our Lady of Good Health, pray for us! Santo Niño, hear our prayer!