Eucharist: Four Versions

St Paul in 1 Cor 11:23-25

(written in A.D. 52-54 in Ephesus)

²³ For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, ²⁴ and when he had given thanks, he broke it and said, "This is my body that is (broken) for you. Do this in remembrance of me." ²⁵ In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me."

Mark 14:22-25

(written around 70 A.D. while in Rome)

²² While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, "Take; this is my body." ²³ Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. ²⁴ He said to them, "This is my blood of the (new) covenant, which is poured out for many. ²⁵ Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God."

Luke 22:19-23

(written 80-90 A.D, likely in Syria or Asia Minor)

¹⁹ Then he took a loaf of bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." ²⁰ And he did the same with the cup after supper, saying, "This cup that is poured out for you is the new covenant (which is given) in my blood. 21 But see, the one who betrays me is with me, and his hand is on the table. 22 For the Son of Man is going as it has been determined, but woe to that one by whom he is betrayed!" ²³ Then they began to ask one another which one of them it could be who would do this.

Matthew 26:25-29

(written between 85-90 A.D. in Palestine or Antioch in Syria)

²⁶ While they were eating, Jesus took a loaf of bread, and after blessing it he broke it, gave it to the disciples, and said, "Take, eat; this is my body." ²⁷ Then he took a cup, and after giving thanks he gave it to them, saying, "Drink from it, all of you; ²⁸ for this is my blood of the (new) covenant, which is poured out for many for the forgiveness of sins. ²⁹ I tell you, I will never again drink of this fruit of the vine until that day when I drink it new with you in my Father's kingdom."